

MEDICATION LIST

Please list **ALL MEDICATIONS** that you are currently taking including doses. Don't forget inhalers, nasal sprays, skin creams and over the counter medications.

Medication	Dosage	Frequency

LIST ADDITIONAL MEDICATIONS ON A SEPARATE SHEET OF PAPER

ALLERGIES

Do you have any **ALLERGIES** to medications, foods, or other substances?

Agent	Reaction	Date	Comments

HEALTH MAINTENANCE

Date

- Colonoscopy
- PSA
- Mammography
- Pap Smear
- DEXA Scan
- Lipids (Cholesterol)

IMMUNIZATION

Date

- Tetanus Vaccine
- Influenza Vaccine
- Pneumonia Vaccine
- Shingles Vaccine
- Hepatitis A Vaccine
- Hepatitis B Vaccine

Previous Primary Care Physician: _____

Address: _____

Names/Specialties/Locations of Other Physicians Providing Your Treatment:

REVIEW OF SYSTEMS

SKIN

- pigmentation
- rash
- scaling
- itching
- bruising
- lumps or bumps
- hair changes
- nail changes
- psoriasis
- rosacea
- seborrhea
- skin malignancy
- recurrent herpes

EYES

- cataracts
- visual blurring
- double vision
- glaucoma
- eye pain
- color blindness
- glasses or contacts
- blind spots
- dry eye
- conjunctivitis
- inflammation
- visual loss
- blindness
- xanthelasma

EAR/NOSE/THROAT

- deafness
- tinnitus
- vertigo
- nose bleeds
- deviated septum
- frequent colds
- sinus trouble
- persistent sore throat
- tonsillitis
- bleeding gums
- dental problem
- sinusitis
- hoarseness

RESIRATORY

- cough
- persistent cough
- sputum
- coughing up blood
- shortness of breath
- wheezing

CARDIOVASCULAR

- palpitations
- rapid heartbeat
- irregular heartbeat
- chest pain
- chest pain with exertion
- shortness of breath at night
- shortness breath lying flat
- lower extremity edema
- cyanosis
- pain when walking
- phlebitis
- varicose veins

GASTROINTESTINAL

- difficulty swallowing
- dyspepsia
- vomiting blood
- abdominal pain
- excessive gas or bloating
- dark or tarry stools
- blood in the stool
- constipation
- diarrhea
- jaundice
- nausea
- vomiting
- abdominal cramps
- loose/frequent bowels

GENITOURINARY

- urinating at night
- difficulty with urination
- frequency
- hesitancy
- blood in the urine
- incontinence
- urgency
- erectile dysfunction

MUSCULOSKELETAL

- fracture
- back pain
- arthritis
- gout
- fibromyalgia
- muscular weakness
- nocturnal cramping
- joint pain

NEUROLOGIC

- headache/migraines
- fainting
- seizures
- paralysis
- numbness/tingling hands/feet
- involuntary movement
- tremor
- neuropathy
- benign positional vertigo

PSYCHIATRIC

- sleep disturbance
- anxiety
- difficulty with memory
- depression
- sexual difficulties
- marital problems
- abusive relationship
- excessive alcohol consumption
- illegal drug usage

HEMATOLOGI/LYMPHATIC

- anemia
- bleeding disorder
- bruising
- fever
- night sweats
- chills
- weight loss/gain
- swollen lymph nodes
- HIV risk factors
- allergies

ENDOCRINE

- goiter
- thyroid disorder
- diabetes
- osteoporosis
- hyperlipidemia

